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SCRIPT OF A MODEL SESSION

A Model Session is a Model Session because of its "patter", not because of specific processes. This is a handy script of the "patter of a Model Session". Use it. Don't vary it. Know it by heart. It's the mark of a well trained auditor. By making all patter the same later sessions run out earlier sessions.

This does not enjoin against two-way comm. But keep auditor comments and chatter out of sessions if you want smooth results and no ARC breaks:

TO START SESSION:

Auditor: "Is it all right with you if we begin this session now?"

PC: "Yes"

Auditor: "All right. Start of Session!" (Tone 40).

Note I: If pc says "no", Auditor two-way comms concerning objections, then asks again, "Is it all right with you if we begin this session now?"

Note II: If pc doubtful as to whether session has started:

Auditor: "Has the session started for you?"

PC: "No."

Auditor: "All right, Start of Session" (Tone 40)

RUDIMENTS:

1. Goals

Auditor: "What goals would you like to set for this session?"

PC: Sets goals.

Auditor: "All right. Any goals you would like to set for life or livingness?"

PC: Answers.

Auditor: "Good."

2. Environment:

Auditor: "Is it all right to audit in this room?"

3. Auditor Clearance:

Auditor: "Is it all right if I audit you?"

4. Present Time Problem:

Auditor: "Do you have any present time problem?"

STARTING A PROCESS:

Auditor: "Now I would like to run this process on you." (Name it). "What would you say to that?"

PC: "All right."

Auditor: (Clears command with pc) then -

Auditor: "Here is the first command." (Gives command).

PC: (Answers)

Auditor: (Acknowledges).

*Note I: If, after discussion, it seems that the pc will not be able to handle the announced process, auditor says, "According to what we have been talking about then it would seem better if I ran (names another process)."

ENDING A PROCESS:

Auditor: "If it is all right with you I will ask the question two more times and end the process."

PC: Answers.

Auditor: (after last command) "Is there anything you would care to say before I end the process?"

PC: Answers.

Auditor: "End of Process."

continued.....

REPEATED COMMANDS:

Auditor: (Gives command)
PC: "I don't know, I can't find any answer."
Auditor: "All right, I'll repeat the auditing command." (repeats command).

COGNITION:

Auditor: (Gives command)
PC: (not having answered command yet) "Say, that mass in front of my face just moved off."
Auditor: "Very good. (repeats command without announcing that it is a repeat).

END RUDIMENTS:

1. Present Time Problem:

Auditor: "Do you have a present time problem now?"

2. Auditor and ARC Breaks:

Auditor: "How do you feel about my auditing this session?"
(needle twitches)
Auditor: "I am going to run some (name of process) on you, so here is the first command."

3. Auditing Room:

Auditor: "Look around here and see if you can have anything."
(needle twitches)
Auditor: "I am going to run a bit of havingness on this. Here is the first command."

4. Goals:

Auditor: "Do you feel you have made any part of your goals for this session?"

FINAL COMMANDS OF SESSION:

Auditor: "Is it all right with you if we end the session now?"
PC: "Yes"
Auditor: "All right. Here it is. End of Session." (Tone 40)
Auditor: (optional) "All right. Tell me I am no longer auditing you."
PC: "You are no longer auditing me."
Auditor: "Good."

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